

## **2017 July Product Requests**

**Donna: Yellow mung dal for kitcheree.**

Hi Donna, Thanks for your recent suggestion that Ozark Natural Foods carry Yellow Mung Bean Dal for Kitcheree. I've looked at some recipes for it and it does look delicious. As you probably know, we do carry whole mung beans in Bulk.

Amazingly enough, our distributors do not carry the specific yellow split mung beans that some of these recipes call for. It looks like some recipes allow for the mung beans that we do carry, but I can also suggest an alternative that might be closer to what the recipes call for: Tru Roots Sprouted Mung Beans. They are sprouted, so a lot of their enzymes have been activated for a healthier, more nutritious meal. They are located in the same aisle as the pasta, at the end, along with other bagged beans and grains. I hope this helps. Thank you.

**Anonymous: fold-up shopping bag for purse. A sturdy cloth shopping bag that can be tucked away on one's purse.**

Kelsey: We sell Chico bags that stuff up in a little pouch for your purse for \$10.99/ea.

**Charlotte & Mimi: Rice- or soy-based ice cream. I know the almond/coconut and cashew are very popular—but you were the last place locally I could get "ice cream" that was rice or soy based. Thanks for your consideration.**

William: Rice Dream sandwiches are being repackaged by the company and should be back in the warehouse any day now. We will also order in some Rice Dream pints. Thank you.

**Anonymous: Tom's coffee—organic, they donate proceeds.**

William: This item is not stocked by ONF. We appreciate the suggestion. Tom's does like like they're sincere. I'm glad to say we have many coffees in stock that also really benefit the farmers and regions that grow coffee. Our local roaster Mountain Bird coffee works directly with their growers, the coffee is roasted local, and so we have a win-win for everyone. The many other coffees we sell all have similar admirable attributes. Thank you.

**Dasha: Now Indole-3-carbinol**

Carrie: This item isn't stocked by ONF but is available by special order.

**Anonymous: Hansen's mandarin lime soda. Natural Grocers carries it!**

Eryn: Look for this product on our shelves soon!

**Anonymous: Tiny but Mighty popcorn**

Eryn: Look for this product on our shelves soon!

**Jill: Nada Moo ice cream (coconut milk)**