

# 2017 CO+OP BASICS



## GROCERY

## YEAR-ROUND LOW PRICE

EARTH'S BEST APRICOT PEAR CARROT 4.2oz	\$1.49
EARTH'S BEST PUMPKIN CRANBERRY APPLE 4.2oz	\$1.49
EARTH'S BEST APPLE PLUM KAMUT PUREE 3.5oz	\$1.49
EARTH'S BEST BUTTERNUT SQUASH PEAR 4oz	\$1.49
EARTH'S BEST PEACH MANGO PUREE 4.2oz	\$1.49
EARTH'S BEST MIXED BERRY SMOOTHIE 4.2oz	\$1.69
WOODSTOCK YELLOW MUSTARD 8oz	\$1.99
WOODSTOCK ORGANIC STONE MUSTARD 8oz	\$1.99
NATURAL SEA WHITE ALBACORE SALTED 5oz	\$2.39
NATURAL SEA WHITE ALBACORE NO SALT 5oz	\$2.39
NATURAL SEA TONGOL LIGHT SALT 5oz	\$1.99
FIELD DAY BLACK BEANS ORGANIC 15oz	\$1.49
FIELD DAY PINTO BEANS ORGANIC 15oz	\$1.49
FIELD DAY KIDNEY BEANS ORGANIC 15oz	\$1.49
FIELD DAY GARBANZO BEANS ORGANIC 15oz	\$1.49
FIELD DAY BAKED BEANS VEGETARIAN ORGANIC 15oz	\$1.49
FIELD DAY ELBOW PASTA 16oz	\$1.99
FIELD DAY SPAGHETTI ORGANIC 16oz	\$1.99
FIELD DAY LINGUINE 16oz	\$1.99
FIELD DAY CAPELLINI 16oz	\$1.99
FIELD DAY FUSILLI PASTA ORGANIC 16oz	\$1.99
FIELD DAY PENNE RIGATE 16oz	\$1.99
FIELD DAY CRACKERS GOLDEN 8oz	\$2.69
FIELD DAY CRACKERS WATER 4.4oz	\$2.69
FIELD DAY CARCKERS STONE GROUND 8oz	\$2.69
FIELD DAY ITALIAN DRESSING ORGANIC 8oz	\$2.99
FIELD DAY CLASSIC RANCH ORGANIC 8oz	\$2.99
FIELD DAY GODDESS DRESSING 8oz	\$2.99
FIELD DAY BALSAMIC VINAGRETTE ORGANIC 8oz	\$2.99
FIELD DAY TOMATO BASIL PASTA 26oz	\$2.99
FIELD DAY ITALIAN HERB PASTA SAUCE 26oz	\$2.99
FIELD DAY ROASTED GARLIC PASTA SAUCE 26oz	\$2.99
FIELD DAY MARINARA ORGANIC 26oz	\$2.99
FIELD DAY BROTH ORGANIC CHICKEN 32oz	\$2.29
FIELD DAY CHICKEN BROTH LOW SALT 32oz	\$2.29
FIELD DAY BROTH ORGANIC BEEF 32oz	\$2.29
FIELD DAY VEGETABLE BROTH ORGANIC 32oz	\$2.29
FIELD DAY VEGETABLE BROTH ORGANIC LOW SALT 32oz	\$2.29
FIELD DAY ORGANIC PRETZELS 8oz	\$2.49
FIELD DAY MINI ROD PRETZELS 8oz	\$2.49
FIELD DAY CHIPS TORTILLA MULTIGRAIN 5oz	\$2.49
FIELD DAY CHIPS CORN 8oz	\$2.79
FIELD DAY CHIPS BLUE CORN 8oz	\$2.79
FIELD DAY COARSE SEA SALT MEDITERRANEAN 24oz	\$1.99
FIELD DAY FINE SEA SALT MEDITERRANEAN 26oz	\$1.99
FIELD DAY MILD SALSA ORGANIC 16oz	\$2.99
FIELD DAY MEDIUM SALSA ORGANIC 16oz	\$2.99
FIELD DAY HOT SALSA ORGANIC 16oz	\$2.99
FIELD DAY ROASTED GARLIC SALSA ORGANIC 16oz	\$2.99
FIELD DAY SWEET CORN 15.25oz	\$1.69
FIELD DAY SWEET PEAS ORGANIC 15.25oz	\$1.69

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**GROCERY****YEAR-ROUND LOW PRICE**

FIELD DAY APPLE CIDER VINEGAR 32oz	\$4.49
FIELD DAY VEGETARIAN PINTO REFRIED BEANS 15oz	\$1.49
FIELD DAY BLACK REFRIED BEAN VEGETARIAN 15oz	\$1.49
FIELD DAY SPAGHETTI 12oz	\$1.99
FIELD DAY APPLE JUICE ORGANIC 1gal	\$9.99
FIELD DAY FETTUCCINE 12oz	\$1.99
FIELD DAY BROWN RICE FUSILLI 12 oz	\$1.99
FIELD DAY BROWN RICE PENNE 12oz	\$1.99
FIELD DAY BROWN RICE ELBOWS 12oz	\$1.99
FIELD DAY KIDS MIX PASTA 12oz	\$1.99
FIELD DAY GREEN BEANS ORGANIC 14.5oz	\$1.69
FIELD DAY MAPLE ONION BAKED BEANS 15oz	\$1.49
FIELD DAY EXTRA VIRGIN OLIVE OIL ORGANIC 1lt	\$12.99
FIELD DAY EXTRA VIRGIN OLIVE OIL ORGANIC 500ml	\$6.99
FIELD DAY EXTRA VIRGIN OLIVE OIL NON GMO 33.8oz	\$9.99
FIELD DAY PEACHES CUPS 4pk	\$3.69
FIELD DAY PEARS DICED 4pk	\$3.69
FIELD DAY PEACHES & PEARS 4pk	\$3.69
FIELD DAY BLACK PITTED OLIVES 6oz	\$2.19
FIELD DAY GREEN PITTED OLIVES 6oz	\$2.39
FIELD DAY SLICED CALIFORNIA OLIVES 3.8oz	\$1.79
FIELD DAY APPLE JUICE ORGANIC 64oz	\$5.99
FIELD DAY JAM RASPBERRY 14oz	\$3.49
FIELD DAY JAM STRAWBERRY 14oz	\$3.49
FIELD DAY JAM BLUEBERRY 14oz	\$3.49
FIELD DAY JAM APRICOT 14oz	\$3.49
FIELD DAY JAM MIXED BERRY 14oz	\$3.49
FIELD DAY PEANUT BUTTER SMOOTH SALT 18oz	\$4.99
FIELD DAY PEANUT BUTTR CRUNCH SALTED 18oz	\$4.99
FIELD DAY PEANUT BUTTR SMOOTH 18oz	\$4.99
FIELD DAY PEANUT BUTTR CRUNCH 18oz	\$4.99
FIELD DAY BALSAMIC VINEGAR 16.9oz	\$4.99
FIELD DAY SYRUP MAPLE B 8oz 8oz	\$5.99
FIELD DAY SYRUP MAPLE B 12oz 12oz	\$9.99
FIELD DAY TOASTED WHEAT CRACKER 7oz	\$2.69
FIELD DAY BAKED HOUSE CRACKER 16oz	\$3.49
FIELD DAY POPCORN BUTTER FLAVOR 10.5oz	\$2.99
FIELD DAY POPCORN LIGHT BUTTER 9oz	\$2.99
FIELD DAY POPCORN SALTED ORGANIC 9oz	\$2.99
FIELD DAY MINI POPCORN BUTTER 6.7oz	\$3.79
FIELD DAY MINI POPCORN SALTED 6.7oz	\$3.79
FIELD DAY WHITE CHEDDAR MACARONI & CHEESE 6oz	\$1.99
FIELD DAY MILD CHEDDAR MACARONI & CHEESE 6oz	\$1.99
FIELD DAY MILD CHEDDAR SHELLS CHEESE 12oz	\$3.99
FIELD DAY GARDEN VEG PASTA SAUCE 26oz	\$2.99
FIELD DAY MUSHROOM PASTA SAUCE 26oz	\$2.99
FIELD DAY SPICY ARRABBITA PASTA SAUCE 26oz	\$2.99
FIELD DAY GREEN GODDESS ORGANIC 8oz	\$2.99
FIELD DAY POPPY SEED DRSNG OG 8oz	\$2.99
FIELD DAY SESAME GINGER DRESSING ORGANIC 8oz	\$2.99
FIELD DAY INSTANT OATMEAL VARIETY 11.29oz	\$3.69
FIELD DAY INSTANT OATMEAL APPLE CINNAMON 11.29oz	\$3.69

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**GROCERY****YEAR-ROUND LOW PRICE**

FIELD DAY INSTANT OATMEAL ORIGINAL 11.29oz	\$3.69
FIELD DAY INSTANT OATMEAL MAPLE BROWN SUGAR 11.29oz	\$3.69
FIELD DAY SPARKLING WATER 33.8oz	\$0.99
FIELD DAY LIME SPARKLING WATER 33.8oz	\$0.99
FIELD DAY LEMON SPARKLING WATER 33.8oz	\$0.99
FIELD DAY UNSWEETENED CALSSIC COCONUT MILK 13.5oz	\$2.29
FIELD DAY CANOLA OIL SPRAY 5oz	\$4.99
FIELD DAY EXTRA VIGIN OLIVE OIL SPRAY 5oz	\$4.99
FIELD DAY GREAT NORTHERN BEANS 15oz	\$1.49
FIELD DAY RANCHERO CHILI BEANS 15oz	\$1.49
FIELD DAY CANNELLINI BEANS 15oz	\$1.49
FIELD DAY ORGANIC APPLE CRANBERRY JUICE 32oz	\$3.99
FIELD DAY TOMATO PIZZA SAUCE 15.5oz	\$2.69
FIELD DAY COCONUT OIL SPRAY 5oz	\$4.99
FIELD DAY EXPPELLER PRESSED COCONUT OIL ORGANIC 14oz	\$5.99
FIELD DAY CRUSHED TOMATOES BASIL 28oz	\$3.39
FIELD DAY DICED TOMATOES NO SALT 14.5oz	\$1.69
FIELD DAY DICED TOMATOES 28oz	\$3.39
FIELD DAY TOMATO SAUCE 15oz	\$1.99
FIELD DAY TOMATO PASTE 6oz	\$1.39
CLIF APRICOT BAR 2.4oz	\$1.25
CLIF BAR CHOCOLATE CHIP 2.4oz	\$1.25
CLIF ORGANIC PEANUTBUTTER CRUNCH 2.4oz	\$1.25
CLIF CHOCOLATE CHIP PEANUT CRUNCH 2.4oz	\$1.25
CLIF CHOCOLATE ALMOND FUDGE 2.4oz	\$1.25
CLIF CHOCOLATE BROWNIE 2.4oz	\$1.25
CLIF MINT CHOCOLATE 2.4oz	\$1.25
CLIF PEANUT TOFFEE 2.4oz	\$1.25
LUNA NUTS CHOCOLATE 1.69oz	\$1.25
LUNA LEMON ZEST 1.07oz	\$1.25
LUNA BAR S'MORES 1.69oz	\$1.25
LUNA CHOCOLATE PEPPERMINT 1.69oz	\$1.25
LUNA NUTRITION HAZELNUT 1.48oz	\$1.25
LUNA NUTRITION PEANUT BUTTER 1.48oz	\$1.25
CLIF HOT CHOCOLATE BAR 2.4oz	\$1.25
CLIF COCONUT CHOCOLATE CHIP 2.4oz	\$1.25
CLIF NUT & SEEDS 2.4oz	\$1.25
CLIF SIERRA TRAIL 2.4oz	\$1.25
CLIF WHITE CHOCOLATE MACADAMIA 2.4oz	\$1.25
LUNA PROTIEN COOKIE DOUGH 1.59oz	\$1.25
LUNA PROTIEN BERRY GREEK YOGURT 1.59oz	\$1.25
LUNA BLUEBERRY BLISS 1.69oz	\$1.25
CLIF SPICED PUMPKIN PIE 2.4oz	\$1.25
CLIF OAT RAISN WALNUT 2.4oz	\$1.25
CLIF ICED GINGERBREAD 2.4oz	\$1.25
SILK ORIGINAL ALMOND MILK 64oz	\$3.99
SILK ALMOND COCONUT MILK 64oz	\$3.99
SILK CHOCOLATE CASHEW MLK 64oz	\$3.99
SILK ORGANIC UNSWEETENED SOYMILK 64oz	\$3.99

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**PRODUCE****YEAR-ROUND LOW PRICE**

SILK VANILLA SOYMILK 64oz	\$3.99
SILK CHOCOLATE SOYMILK 64oz	\$3.99
SILK ORIGINAL SOYMILK 64oz	\$3.99
ORGANIC VALLEY MILK WHOLE 1gal	\$6.39
ORGANIC VALLEY MILK 2% 1gal	\$6.39
ORGANIC VALLEY MILK SKIM 1gal	\$6.39
ORGANIC VALLEY WHOLE MILK ORGANIC 64oz	\$4.39
ORGANIC VALLEY MILK 1% ORGANIC 64oz	\$4.39
ORGANIC VALLEY MILK 2% ORGANIC 64oz	\$4.39
ORGANIC VALLEY FAT FREE MILK ORGANIC 64oz	\$4.39
CASCADIAN FARM STRAWBERRIES 32oz	\$9.99
CASCADIAN FARM BLUEBERRIES 32oz	\$9.99
CASCADIAN FARM CHERRY BERRY BLEND 32oz	\$9.99
APPLEGATE FARM CHICKEN STRIPS 8oz	\$7.49
APPLEGATE FARM GLUTEN FREE CHICKEN TENDERS 8oz	\$5.99
APPLEGATE FARM CHICKEN NUGGETS FAMILY	\$9.99
APPLEGATE FARMS GLUTEN FREE TENDERS FAMILY 14oz	\$9.39
APPLEGATE FARM GLUTEN FREE CHICKEN NUGGETS 16oz	\$9.99
APPLEGATE FARMS GLUTEN FREE CHICKEN NUGGET ORGANIC 8oz	\$6.99
COFFEE EQUAL EXCHANGE MIND BODY 1lb	\$8.99
COFFEE EQUAL EXCHANGE PERU 1lb	\$8.99
EQUAL EXCHANGE FRENCH ROAST DECAF 1lb	\$11.99
SILVER HILLS BIG 16 BREAD 15oz	\$3.99
SILVER HILLS LITTLE BIG BREAD 15oz	\$3.99
SILVER HILLS HEMPTATION 12oz	\$3.99

**PRODUCE****YEAR-ROUND LOW PRICE**

ORGANIC BANANAS	\$0.99
ORGANIC CARROTS BULK	\$0.99
ORGANIC CARROTS BAG 25lb	\$24.99
ORGANIC CARROTS BAG 5LB	\$4.99
ORGANIC CARROTS BAG 2lb	\$1.99
ORGANIC CARROTS BAG 2lb	\$1.99
ORGANIC CARROTS BAG 5LB	\$4.99

**WELLNESS****YEAR-ROUND LOW PRICE**

EMERGEN-C CRANBERRY POM 30ct	\$9.99
EMERGEN-C TANGERINE 30ct	\$9.99
EMERGEN-C SUPER ORANGE 30ct	\$9.99
EMERGEN-C PINK LEMONADE 30ct	\$9.99
EMERGEN-C LEMON LIME 30ct	\$9.99
EMERGEN-C COCONUT PINEAPPLE 30ct	\$9.99
EMERGEN-C MEYER LEMON 30ct	\$9.99
FIELD DAY PAPER TOWELS 3pk	\$2.99
FIELD DAY PAPER TOWELS SINGLE 1roll	\$1.49
FIELD DAY FACIAL TISSUE 85ct	\$1.19
FIELD DAY TOILET PAPER 4 PACK 4pk	\$1.99
FIELD DAY BATH TISSUE DOUBLE ROLL 12pk	\$6.99

FIELD DAY NAPKINS 250ct	\$2.69
FIELD DAY BABY WIPES REFILL 72ct	\$2.99
FIELD DAY DRAWSTRING TRASH BAGS 20bag	\$3.49
7TH GENERATION TRAINING PANTS SIZE 2-3 25ct	\$12.99
7TH GENERATION TRAINING PANTS SIZE 3-4 22ct	\$12.99
7TH GENERATION DIAPER STAGE 1 40ct	\$12.99
7TH GENERATION DIAPER STAGE 2 36ct	\$12.99
7TH GENERATION DIAPER STAGE 3 31ct	\$12.99
7TH GENERATION DIAPER STAGE 4 27ct	\$12.99
7TH GENERATION DIAPER STAGE 5 23ct	\$12.99
7TH GENERATION DIAPER STAGE 6 20ct	\$12.99
TOMS OF MAINE DEODORANT STICK 2.25oz	\$5.49
TOMS OF MAINE PEPPERMINT TOOTHPASTE SLS FREE 4.7oz	\$5.49
TOMS OF MAINE SPEARMINT TOOTHPASTE SLS FREE 4.7oz	\$5.49
ALAFFIA BODY LOTION UNSCENTED 32oz	\$9.99
ALAFFIA BODY LOTION LAVENDER 32oz	\$9.99
ALAFFIA BODY LOTION VANILLA 32oz	\$9.99
ALAFFIA BODY WASH UNSCENTED 32oz	\$9.99
ALAFFIA BODY WASH LAVENDER 32oz	\$9.99
ALAFFIA BODY WASH VANILLA 32oz	\$9.99
ALAFFIA SHAMPOO LAVENDER 32oz	\$9.99
ALAFFIA CONDITIONER LAVENDER 32oz	\$9.99
ALAFFIA SHAMPOO VANILLA 32oz	\$9.99
ALAFFIA CONDITIONER VANILLA 32oz	\$9.99
ALAFFIA SHAMPOO UNSCENTED 32oz	\$9.99
ALAFFIA CONDITIONER UNSCENTED 32oz	\$9.99
ALAFFIA BODY WASH COCONUT 32oz	\$9.99
ALAFFIA BODY WASH COCONUT 32oz	\$9.99
ALAFFIA SHAMPOO COCONUT 32oz	\$9.99
ALAFFIA CONDITIONER COCONUT 32oz	\$9.99
AL BODY LOTION PASSIONFRUIT 32oz	\$9.99
ALAFFIA BODY WASH PASSIONFRUIT 32oz	\$9.99
ALAFFIA SHAMPOO PASSIONFRUIT 32oz	\$9.99
ALAFFIA CONDITIONER PASSIONFRUIT 32oz	\$9.99
ALAFFIA BODY LOTION COCONUT LIME 32oz	\$9.99
ALAFFIA BODY WASH COCONUT LIME 32oz	\$9.99
ALAFFIA SHAMPOO COCONUT LIME 32oz	\$9.99
ALAFFIA CONDITIONR COCONUT LIME 32oz	\$9.99